

## Annex E

### Household Emergency Plan

Emergencies can affect the community with little or no notice. Being prepared can help reduce the effects on your families' lives, reduce the need for help from others and enable you to support the vulnerable in your community.

Disruption to essential services such as water and electricity, to regional and national travel and telecoms are all ways an emergency can affect our busy everyday lives.

**Complete the following sections and keep the plan in a safe place that all members of your household can easily access:**

If you are not involved in an incident but are close by or believe you may be in danger, in most cases the advice is:

**GO IN, STAY IN, TUNE  
IN, LOG ON.**

Media	Frequency	Website
Facebook		<a href="mailto:WDEmergencyHub@yahoo.com">WDEmergencyHub@yahoo.com</a>
BBC Radio Devon	94.8, 95.8, 96, 103.4, 104.3 FM	<a href="http://www.bbc.co.uk/devon">www.bbc.co.uk/devon</a>
The Voice	97 – 103 FM	<a href="http://www.thevoicefm.co.uk">http://www.thevoicefm.co.uk</a>
Heart North Devon	96.2FM and 97.3FM	<a href="http://www.heart.co.uk/barnstaple/">http://www.heart.co.uk/barnstaple/</a>
North Devon Journal	-	<a href="https://www.facebook.com/DevonLiveNews">https://www.facebook.com/DevonLiveNews</a>
North Devon Gazette	-	<a href="https://www.facebook.com/NorthDevonGazette">https://www.facebook.com/NorthDevonGazette</a>

Inform the rest  
of your Family or  
Housemates

Household Contact Details		
Name	Mobile	Work


If you are evacuated is there somewhere you can go? Friends or Family?

If you can't contact each other, where should you meet / or who should you leave a message with? Who will be responsible for picking the children up from school? (If applicable)

How do you turn off the following? Who is responsible?	
Electricity	
Gas	
Water	

## Key Contact Numbers

Emergency Telephone Numbers			
Emergency Services	999	Doctor	
NHS Non Emergency	111	School	
Local Police Station	101	Home Insurance	
Local Authority	01271 327711		

### Create an Emergency Box

Be prepared. Creating an emergency box will help you locate essential items quickly in an emergency.

Suggested items include:	
Torch and spare batteries	Toiletries
Battery powered radio and spare batteries	List of useful contact numbers
Candles / Matches	A copy of this plan
First Aid Kit	

**In case you are unable to leave the house, you should have:**

Bottled Water	Ready to eat food (tinned)
Bottle / Tin Opener	
<b>In case you are stuck in your car, you should have:</b>	
Bottled Water	Blankets
Torch and spare batteries	

If you are in a position where you are able to offer help to your community, start by checking that your neighbours are safe and well.

Name	Address	Home Telephone	Mobile

Useful Websites	
Devon County Council	<a href="http://www.devon.gov.uk">www.devon.gov.uk</a> (Search: 'Emergency Planning')
Environment Agency	<a href="http://www.environment-agency.gov.uk">www.environment-agency.gov.uk</a>
BBC Devon	<a href="http://www.bbc.co.uk/devon">www.bbc.co.uk/devon</a>
National Flood Forum	<a href="http://www.nationalfloodforum.org.uk">www.nationalfloodforum.org.uk</a>

Individuals and families are encouraged to have their own sand, sandbags, and Polythene sheets to help protect their properties from flooding, and are encouraged to attend community Flood Workshops where advice will be given.

The Environment Agency also has a selection

of online help toolkits, visit,

<http://www.environment-agency.gov.uk/homeandleisure/floods/38329.a>

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Notes: